



PROCLAMATION
Men's Health Month
June 2022

Whereas, June is Men's Health Month and Men's Health Week, a special awareness period recognized by Congress, is the week ending on Father's Day (June 13-19, 2022); and

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; encouraging safe behaviors including social distancing, wearing masks and being vaccinated will help stop the spread of COVID-19; and

Whereas, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and men who are educated about the value that preventative healthcare can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas, Men's Health Month Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and fathers who stay connected to their children and maintain a healthy lifestyle are role-models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and


Whereas, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and

Whereas, the Town of Marana Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate testicular and colon cancer; and the citizens of Marana are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

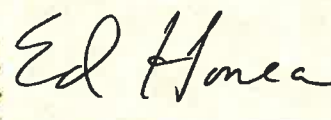
Now, therefore, the Mayor and Council of the Town of Marana, do hereby proclaim June 2022 as Men's Health Month in Marana, and encourage all of our citizens to pursue preventative health practices and early detection efforts throughout the year.

Dated this 18th day of May 2022.

ATTEST:


Cherry L. Lawson, Town Clerk




Ed Honea, Mayor