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Blue365

fitness your way
by Tivity Health



NEW! At-home virtual classes

Your Fitness Your Way® membership now gives you and your family full access to BurnAlong®, an online health and wellness platform.



What BurnAlong includes

You and your family will have access to **thousands of fitness and wellness videos, live classes and programs**. Videos across 45+ categories include cardio boot camps, barre, nutrition, yoga, stress management and insomnia support. There are even classes you can take with your dog!



How to register

Sign in to your Fitness Your Way account and select the "Digital Content" tab. Then register your complimentary BurnAlong account through the "Premium Digital Content" tile.



Mobile app

After you register for your BurnAlong account, you can download the BurnAlong mobile app for even greater flexibility in your workouts.



No additional cost

There's **no additional cost** to register and use BurnAlong. Your account will remain active as long as your Fitness Your Way membership is active.



Getting started

Once you're registered, you can log in directly through the BurnAlong website or mobile app whenever you want (burnalong.com).

Activate your BurnAlong account today.

fitnessyourway.tivityhealth.com

BurnAlong is a third party provider and is not owned or operated by Tivity Health or its affiliates. Fitness Program members must have Internet service to access BurnAlong service. Internet service charges are responsibility of Fitness Program members.

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Blue365 offers access to savings on health and wellness products and services and other interesting items that Members may purchase from independent vendors, which are not covered benefits under your policies with your local Blue Company, its contracts with Medicare, or any other applicable federal healthcare program. These products and services will be offered to you through the entire benefit year. During the year, the independent vendors may offer additional discounts on these products and services. To find out what is covered under your policies, contact your local Blue Company. The products and services described on the Site are neither offered nor guaranteed under your Blue Company's contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding your health insurance products and services may be subject to your Blue Company's grievance process. BCBSA may receive payments from vendors providing products and services on or accessible through the Site. Neither BCBSA nor any Blue Company recommends, endorses, warrants, or guarantees any specific vendor, product or service available under or through the Blue365 Program or Site.

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